



Impaired Erythrocyte Filterability of Spontaneously Hypertensive Rats: Investigation by Nickel Mesh Filtration Technique

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Background: Deformability of erythrocytes plays a key role in the impairment of the microcirculation in hypertension. However, erythrocyte deformability in spontaneously hypertensive rats (SHR) during development of hypertension has not been fully investigated so far.

Methods and Results: Erythrocyte filterability (whole cell deformability) was investigated in relation to blood pressure measured by the tail-cuff method in SHR and age-matched Wistar-Kyoto rats (WKY), using a highly sensitive and reproducible nickel mesh filtration technique. Impaired erythrocyte filterability was marked ($37.0 \pm 17.5\%$) in prehypertensive young SHR (7 weeks of age) and sustained ($51.6 \pm 13.3\%$) in hypertensive mature SHR (18 weeks of age), when compared with that of age-matched WKY ($62.1 \pm 7.2\%$ in 7 weeks of age, $P < 0.005$, and $71.1 \pm 3.9\%$ in 18 weeks of age, $P < 0.005$, respectively). This impairment in SHR could not be explained by the mean corpuscular volume or mean corpuscular hemoglobin concentration of erythrocytes, but the erythrocyte count was significantly ($P < 0.005$) greater in SHR than in the age-matched WKY.

Conclusions: Although the precise mechanisms remain to be elucidated, markedly impaired erythrocyte filterability in SHR is considered to contribute to the development and maintenance of genetic hypertension. (*Circ J* 2010; **74**: 129–136)

Key Words: Erythrocytes; Genetic hypertension; Microcirculation; Rheology

Hypertension is 1 of the greatest causes of cardiac events in many countries. In this field, hemorheology has been attracting less attention relative to vascular medicine. However, the deformability of erythrocytes, a major concept in hemorheology, plays a key role in the impaired microcirculation of hypertension.¹ The concept of erythrocyte deformability has no strict definition as a physical quantity, so its evaluation depends on measurement techniques, and the relative sensitivities of these techniques are influenced by various factors that comprise deformability. Because the filtration of erythrocytes through artificial narrow pores is relevant to microcirculation in vivo, filtration techniques are the most widely used to assess the physiological deformation of intact erythrocytes in cases where deformation in vivo involves bending. Erythrocyte deformability is quantified as erythrocyte filterability (whole cell deformability) using a gravity-based nickel mesh filtration technique,^{2–4} because the physiological importance and clinical benefit of this technique are evident.^{5–7} Recently, we

found that disturbed microcirculation in vivo is closely related to impaired erythrocyte filterability,⁴ as suggested by the Fahraeus–Lindqvist effect.⁸

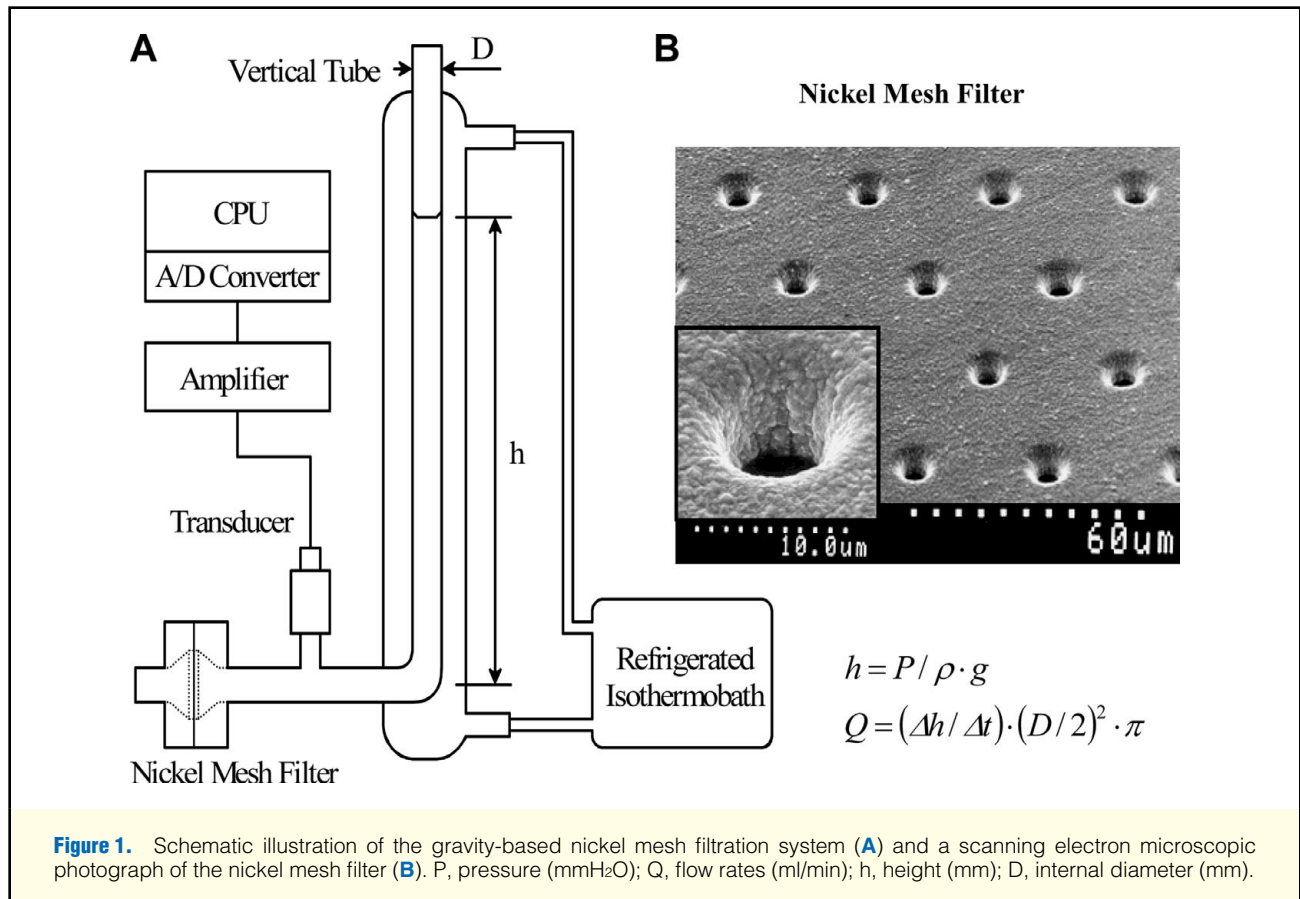
Spontaneously hypertensive rats (SHR) are an excellent model of human hypertension.^{9,10} Erythrocyte deformability influences whole blood viscosity and microvascular resistance at moderate to high shear rates, so it is a fundamental problem in SHR whether erythrocyte deformability is impaired or not. In fact, increased erythrocyte membrane rigidity has been reported in SHR.^{11–13} Such rheologic abnormalities influence overall blood flow conditions and lead to microvessel occlusion in SHR.¹⁴ However, information with respect to erythrocyte deformability is extremely limited.¹⁵ In the present study, erythrocyte filterability was investigated during the development and maintenance of hypertension in SHR and age-matched normotensive Wistar-Kyoto rats (WKY), using a nickel mesh filtration technique.

Received April 14, 2009; revised manuscript received August 20, 2009; accepted September 8, 2009; released online December 2, 2009
Time for primary review: 37 days

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ISSN-1346-9843 doi:10.1253/circj.CJ-09-0252

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Methods

Animals

The study design and experimental protocol using male SHR and WKY (Charles River Japan, Tsukuba, Japan) were approved by the internal ethics committee of the Institute of Rheological Function of Foods, Co Ltd (Fukuoka, Japan). According to the literature,^{13,16} we chose to study 3 points in time that correspond to different evolutionary hypertensive stages of SHR: 7 weeks of age, the “prehypertensive stage”; 13 weeks of age, the “accelerated stage”; and 18 weeks of age, the “established stage” of hypertension. Rats were treated according to the National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals. Arterial blood pressure (BP: mmHg) and pulse rate (PR: beats/min) were measured without sedation by the tail-cuff method using BP-98A (Softron Inc, Tokyo, Japan) every week and 1 h before humane killing for blood sampling.

Preparation of Erythrocyte Suspensions

Erythrocyte suspensions were prepared as described elsewhere.^{3,6} The 2 strains of rats were anesthetized by ether (Wako Co Ltd, Osaka, Japan) inhalation and intraperitoneal injection of pentobarbital (40 mg/kg; Abbott Laboratory, Chicago, IL, USA). Under 12-h fasting conditions, the rats' blood was sampled after laparotomy by puncturing the abdominal aorta using a 21-gauge needle and disposable evacuated syringes (Terumo Japan, Tokyo, Japan) filled with 1/10 volume of 3.8% trisodium citrate as an anticoagulant. Blood cell counting and hematocrit measurement were carried out using a hemocytometer (Ace Counter, FLC-240A,

Fukuda Denshi Co Ltd, Tokyo, Japan). After centrifugation at 1,300×g for 10 min, the plasma and buffy coat were removed and replaced with N-(2-hydroxyethyl)-piperazine-N'-2-ethanesulfonic acid (HEPES) sodium salt (HEPES-Na)-buffered saline solution (HBS: NaCl 141 mmol/L, HEPES-Na 10 mmol/L). The osmolality and pH of the HBS were 287 mOsm·kg⁻¹·H₂O⁻¹ and 7.4, respectively. The osmolality was measured using a freezing point depression type osmometer (Fiske Mark 3 Osmometer, Fiske Associates, MA, USA). The erythrocyte suspension was then washed 3 times by repeated resuspension with HBS and centrifugation at 800×g, 600×g and 500×g for 10 min each. The final hematocrit value of the erythrocyte suspension was adjusted to 2.0% for subsequent filtration experiments. These procedures were performed within 2 h of blood sampling to prevent damage to the fragile living erythrocytes.

Erythrocyte Filterability and Shape

A nickel mesh filter was produced in accordance with our specifications by a photofabrication technique (Dainippon Printing Co Ltd, Tokyo, Japan). We specified an outer diameter of 13 mm, a diameter in filtration area of 8 mm, a thickness of 11 μm and an interpore distance of 35 μm. The pore diameter was exactly 3.88 μm. The vertical and cylindrical pores were regularly distributed across the filter without branching or coincidence. The pores' entrance had a rounded and smooth transition into the interior of the pore (Figure 1).

Filtration experiments were performed with a gravity-based filtration apparatus (Model NOBU-II, Tsukasa Sokken Co Ltd, Tokyo, Japan). In brief, the hydrostatic pressure (P: mmHzO) vs the drop-time (t: s) curve was obtained during

| Age (weeks) | SHR | Age-matched WKY |
|-------------------------------|----------------------------|-------------------------|
| SBP (mmHg) | | |
| 7 | 127.3±14.8 | 121.3±12.9 |
| 13 | 173.5±14.7 ^{#,*} | 141.0±6.2 [†] |
| 18 | 196.7±16.1 ^{##,*} | 138.3±10.8 |
| MBP (mmHg) | | |
| 7 | 111.3±10.2 | 108.2±12.9 |
| 13 | 147.3±21.1 ^{#,*} | 119.7±11.0 |
| 18 | 157.1±19.9 ^{##,*} | 113.0±10.5 |
| DBP (mmHg) | | |
| 7 | 96.0±12.4 | 91.0±11.2 |
| 13 | 121.6±18.2 ^{†,+} | 93.4±12.1 |
| 18 | 139.5±20.9 ^{†,*} | 88.3±13.7 |
| Pulse rate (beats/min) | | |
| 7 | 393.0±44.8 | 367.8±34.2 |
| 13 | 376.2±60.4 | 348.2±29.8 |
| 18 | 342.2±21.9 [†] | 332.3±30.0 [†] |

Values are expressed as mean±SD. *P<0.01 and [†]P<0.005 for age-matched comparison, and [†]P<0.05, [†]P<0.01, [†]P<0.005 and ^{##}P<0.001 for comparison between 7 and respective weeks of age within the same strain.

SHR, spontaneously hypertensive rats; WKY, Wistar-Kyoto rats; DBP, MBP and SBP, diastolic, mean and systolic blood pressure, respectively.

continuous filtration by gravity using a pressure-voltage transducer. Then, P was transformed to height (h: mm). The tangent of the h–t curve determined by drawing points corresponding to different heights gives the rate of fall of the meniscus in the vertical tube. Thereafter, by multiplying the fall rate by the internal cross-sectional area of the vertical tube, the complete set of flow rates (Q: ml/min) and corresponding P (ie, the P–Q relationship) were calculated. This procedure was automatically performed by measurement software installed on a personal computer (Dell Inc, Round Rock, TX, USA). Great care was taken to fill the vertical tube with each suspension without air bubbles. As well as starting the data acquisition process, the measurement software displays the ongoing h–t relationship on the computer screen. When the test is completed, the software displays the P–Q curve.⁴ The temperature of the specimens was maintained at 25°C by circulating isothermal water through a water jacket surrounding the vertical tube (Figure 1). The experiments were performed within 1 h of preparing the suspensions at room temperature (21±0.5°C).

An aliquot of erythrocyte suspension was fixed with isotonic 1.0% glutaraldehyde solution containing 24.5 mmol/L NaCl and 50 mmol/L phosphate buffer (pH 7.4). The shape of the erythrocytes was then examined using a differential interference contrast microscope (Diaphoto 300, Nikon Co Ltd, Tokyo, Japan) at ×400 magnification.

Data Analysis

All values are expressed as mean±SD. Comparison of data between specific groups (n=8–16 rats/group) was performed by unpaired Student's t-test, because this study did not have repeated comparisons. Microsoft Excel 2003 on Windows XP (Microsoft, Tokyo, Japan) was used for practical computation. A P value <0.05 was considered to be significant.

| Age (weeks) | SHR | Age-matched WKY |
|---|----------------------------|--------------------------|
| Leukocyte count (×10²/μl) | | |
| 7 | 50.4±7.5* | 29.0±6.8 |
| 13 | 50.0±6.2* | 31.9±3.4 |
| 18 | 46.6±8.2 | 36.2±12.4 |
| Platelet count (×10⁴/μl) | | |
| 7 | 117.7±7.6* | 93.1±14.1 |
| 13 | 90.1±5.3 ^{##,*} | 87.8±7.8 |
| 18 | 81.3±4.1 ^{##} | 80.5±5.5 |
| Erythrocyte count (×10⁴/μl) | | |
| 7 | 720.3±17.1* | 627.7±20.7 |
| 13 | 880.6±23.9 ^{##,*} | 734.4±28.8 ^{##} |
| 18 | 913.3±27.2 ^{##,*} | 755.5±20.0 ^{##} |
| Hb (g/dl) | | |
| 7 | 13.0±0.3 | 12.5±0.3 |
| 13 | 14.3±0.4 ^{##,*} | 13.5±0.3 [#] |
| 18 | 14.1±0.4 ^{##,*} | 12.8±0.4 |
| Hct (%) | | |
| 7 | 40.5±1.1 | 38.8±1.4 |
| 13 | 44.8±1.1 ^{##,*} | 41.2±1.4 [†] |
| 18 | 45.1±1.4 ^{##,*} | 39.9±1.1 |

Values are expressed as mean±SD. *P<0.005 for age-matched comparison, and [#]P<0.01, [†]P<0.005 and ^{##}P<0.001 for comparison between 7 and respective weeks of age within the same strain. Hb and Hct, hemoglobin concentration (g/dl) and hematocrit value (%), respectively. Other abbreviations see in Table 1.

Results

Baseline Characteristics

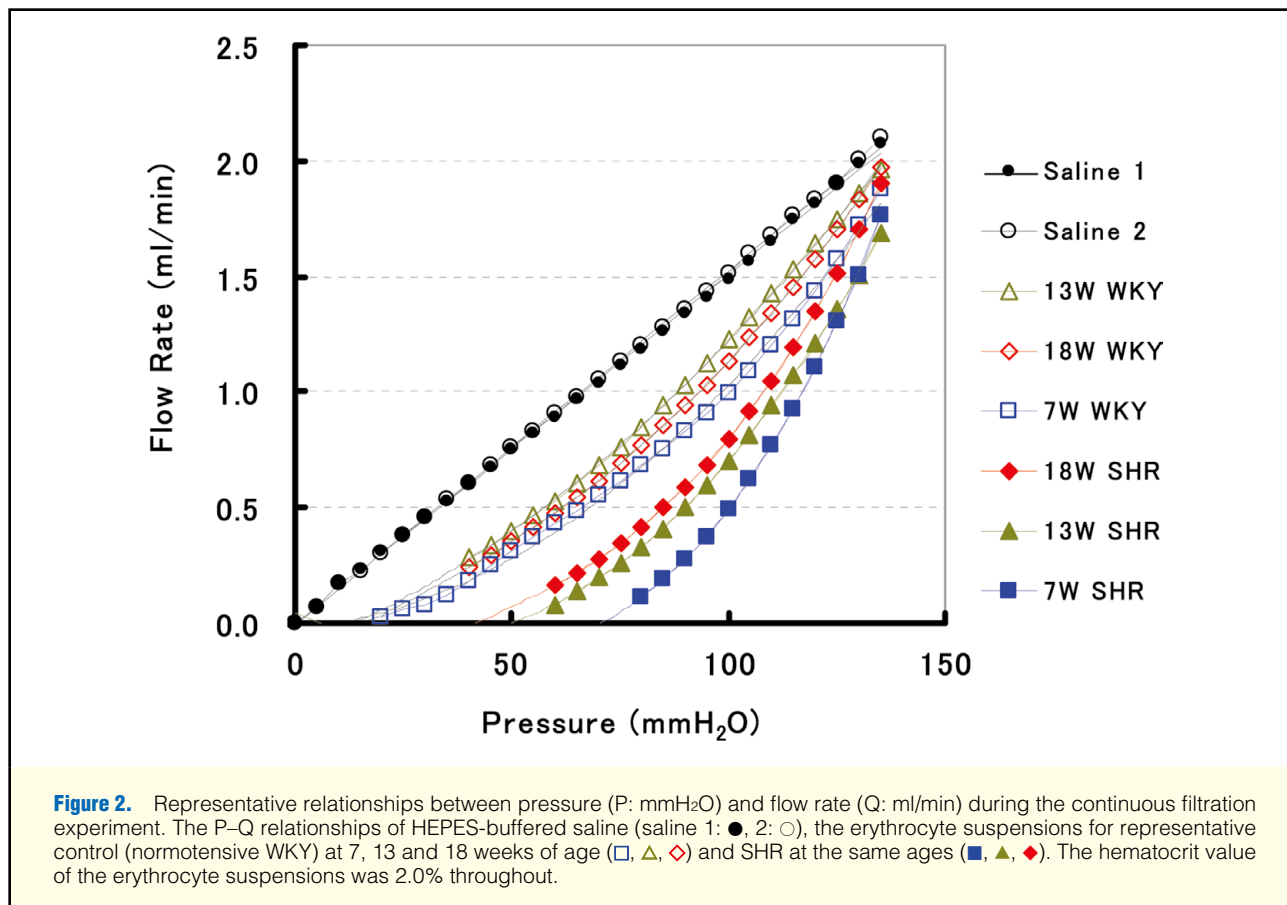
Developmental changes in BP and PR were observed in both SHR and WKY. As shown in Table 1, the systolic, mean and diastolic BP of the SHR rapidly elevated between 7 and 13 weeks of age and then gradually elevated toward 18 weeks, whereas BP rose slightly in young WKY (7–13 weeks of age) as previously reported.^{13,16} Difference in BP between the 2 age-matched strains was significant at 13 and 18 but not at 7 weeks of age. PR in SHR tended to be greater than that in WKY and the PR in both strains decreased gradually with maturation (ie, from 7 to 18 weeks).

Hematology in SHR and WKY

Leukocyte and platelet counts in the SHR were significantly (P<0.005) greater than those in the age-matched WKY at 7 and 13 but not 18 weeks of age. With maturation, the platelet count gradually decreased in the SHR (P<0.001). The erythrocyte count increased with age in both strains (P<0.001), but was significantly (P<0.005) greater in the SHR than in the age-matched WKY. Age-matched comparisons of hemoglobin concentration (g/dl) and hematocrit value (%) were compatible with these findings (Table 2). Morphologically, erythrocytes obtained from the SHR did not show any discernible changes in shape nor did those from the WKY (data not shown).

Representative P–Q Relationships

Figure 2 shows representative P–Q relationships for the HBS (saline) and several of the erythrocyte suspensions in the continuous filtration experiments. The P–Q relationship of saline was linear and passed through the origin, indicating



Newtonian behavior of the HBS. Two of the P–Q relationships of the HBS were superimposable, showing the excellent reproducibility of this filtration system. In contrast, the P–Q relationships of the erythrocyte suspensions displayed smooth convex curves along the abscissa over the low-pressure region, indicating non-Newtonian characteristics of the suspensions. As shown, the flow rate of the erythrocyte suspension from normotensive WKY at 7, 13 and 18 weeks of age was greater than that from SHR at the same ages at any given pressure. These results indicate that the erythrocyte filterability of SHR is impaired compared with age-matched controls. The ratio (%) of the flow rate of the erythrocyte suspension relative to that of the HBS at 100 mmH₂O was used as an index of erythrocyte filterability.

Erythrocyte Filterability

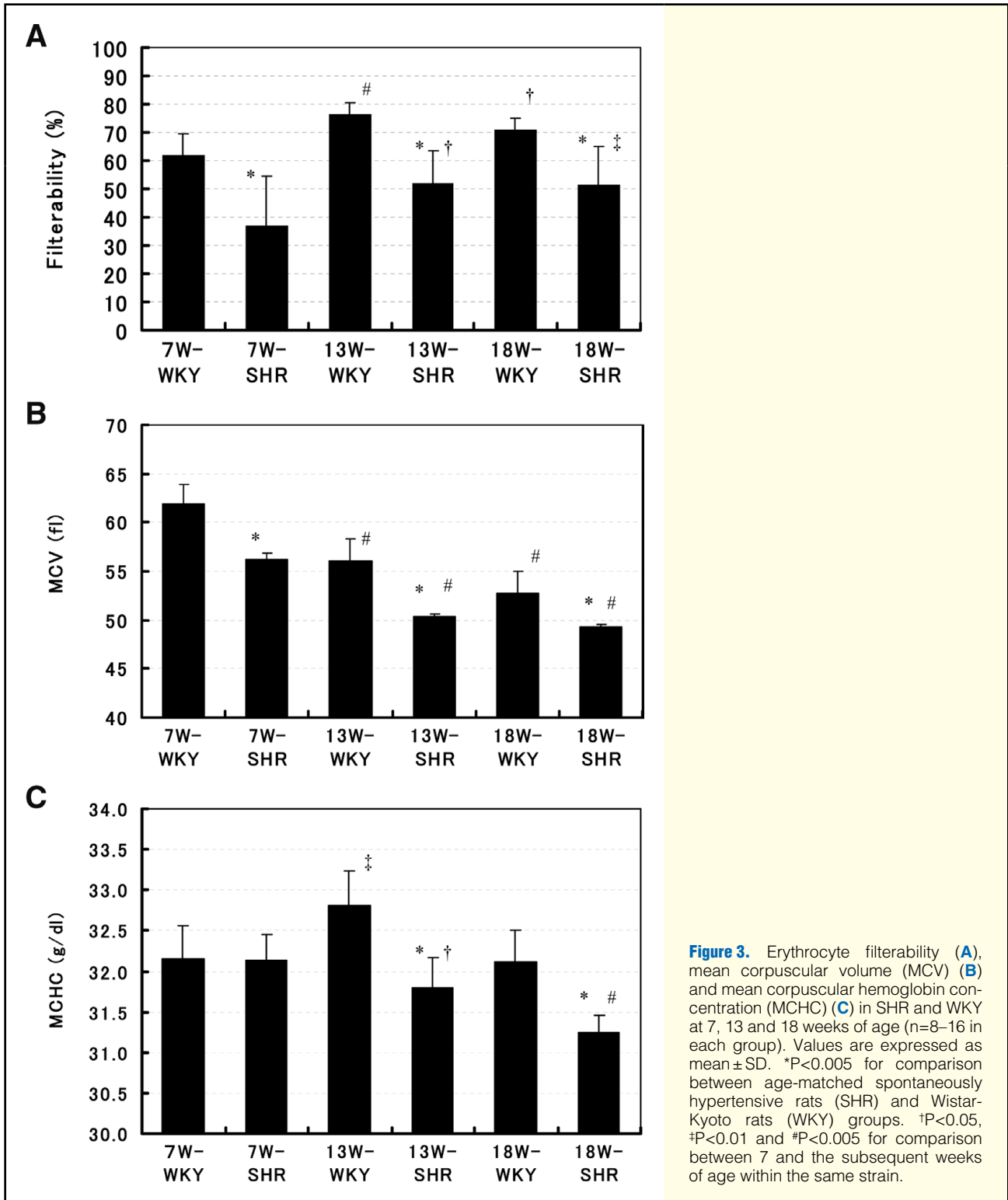
Figure 3A shows the mean erythrocyte filterability in SHR and WKY at 7, 13 and 18 weeks of age: it was significantly lower in the SHR ($37.0 \pm 17.5\%$ at 7 weeks, $52.0 \pm 11.4\%$ at 13 weeks, $51.6 \pm 13.3\%$ at 18 weeks) than in the age-matched WKY ($62.1 \pm 7.2\%$ at 7 weeks: $P < 0.005$, $76.4 \pm 4.3\%$ at 13 weeks: $P < 0.005$, $71.1 \pm 3.9\%$ at 18 weeks: $P < 0.005$). In detail, erythrocyte filterability in the SHR showed a significant ($P < 0.005$) decrease compared with that in the age-matched WKY even in the accelerated (13 weeks) and established (18 weeks) stage of hypertension, as well as in the prehypertensive stage (7 weeks). **Figure 3A** also shows that the greatest decrease in filterability of SHR erythrocytes was observed at 7 weeks compared with that at 13 weeks ($P < 0.05$) and 18 weeks ($P < 0.01$). Similarly, WKY showed decreased filterability at 7 weeks relative to that at 13 weeks ($P < 0.005$) and

18 weeks ($P < 0.05$).

Erythrocyte Characteristics

Figure 3B shows the mean corpuscular volume (MCV) of erythrocytes from SHR and WKY at 7, 13 and 18 weeks of age: it was significantly smaller in SHR (56.3 ± 0.7 fl at 7 weeks, 50.3 ± 0.3 fl at 13 weeks, 49.3 ± 0.3 fl at 18 weeks) than in age-matched WKY (61.9 ± 2.0 fl at 7 weeks: $P < 0.005$, 56.1 ± 2.1 fl at 13 weeks: $P < 0.005$, 52.8 ± 2.2 fl at 18 weeks: $P < 0.005$). **Figure 3B** also shows that the greatest MCV of erythrocytes from SHR was observed at 7 weeks of age compared with that at 13 weeks ($P < 0.005$) and 18 weeks ($P < 0.005$). Similarly, WKY showed the greatest MCV of erythrocytes at 7 weeks compared with that at 13 weeks ($P < 0.005$) and 18 weeks ($P < 0.005$). It is generally known that the MCV of rat erythrocytes decreases with age,¹³ and this was confirmed by the present study.

Figure 3C shows the mean corpuscular hemoglobin concentration (MCHC) of erythrocytes from the 2 strains of rat at 7, 13 and 18 weeks of age. At 7 weeks of age the MCHC of erythrocytes from SHR was almost the same as that from age-matched WKY (32.1 ± 0.3 g/dl vs 32.2 ± 0.4 g/dl; $P = 0.45$), but at 13 and 18 weeks of age it was lower (31.8 ± 0.4 g/dl at 13 weeks, 31.2 ± 0.2 g/dl at 18 weeks) than that from age-matched WKY (32.8 ± 0.4 g/dl at 13 weeks: $P < 0.005$, 32.1 ± 0.4 g/dl at 18 weeks: $P < 0.005$). Furthermore, **Figure 3C** shows that the greatest MCHC of erythrocytes from SHR was observed at 7 weeks of age compared with that at 13 ($P < 0.05$) and 18 ($P < 0.005$) weeks of age.



Discussion

Main Findings

We investigated quantitatively the hemorheology of SHR and demonstrated clearly that erythrocyte filterability (whole cell deformability) is markedly decreased in SHR in an age-dependent manner (Figures 2, 3A). Taking the polycythemia of SHR into account (Table 2), the markedly reduced eryth-

rocyte filterability will have a great rheologic effect on impairing the microcirculation and increasing microvascular resistance.

Mechanisms of Impaired Filterability

It is generally accepted that erythrocyte filterability is mainly determined by (1) erythrocyte membrane properties, (2) internal viscosity of the erythrocytes, as reflected by MCHC,

and (3) geometric factors such as MCV and erythrocyte shape.^{2,3,5,17} Therefore, erythrocyte filterability is theoretically reduced by greater MCV or MCHC, abnormal membrane properties and several types of shape change, individually or in concert. MCV in the SHR was smaller than that in the WKY (**Figure 3B**) and MCHC in the SHR was about the same or lower compared with that in the WKY (**Figure 3C**). These findings should contribute to improved erythrocyte filterability in SHR. In addition, there were no discernible erythrocyte shape changes in either strain of rat. However, erythrocyte filterability in the SHR was markedly decreased relative to that in WKY (**Figures 2, 3A**). Our findings support strongly the concept that impaired filterability in SHR is mainly attributable to altered erythrocyte membrane properties. In fact, abnormal compositions of erythrocyte membrane protein^{18,19} and phospholipid²⁰ have been reported in genetic hypertension of rats, which contributes to reduced erythrocyte membrane fluidity²⁰ and increased erythrocyte aggregability.¹⁸

It is well known that several types of mechanical stress impair erythrocyte filterability through the action of Ca²⁺-mediated signal transduction; mechanical stress on the erythrocyte membrane causes transmembrane Ca²⁺ entry and impairs erythrocyte deformability.^{7,21,22} Many investigations have demonstrated that arterial resistance,^{23,24} and hence the blood flow shear rate,²⁵ is elevated in young SHR prior to the development of hypertension. Moreover, the erythrocyte free Ca²⁺ concentration and transmembrane Ca²⁺ influx are increased in SHR relative to WKY.²⁶ Therefore, it is likely that in SHR the accelerated vasoconstriction mechanically stresses the circulating erythrocytes and subsequently impairs their filterability through a Ca²⁺-mediated signaling pathway, which may further increase microvascular resistance. In the present study, mechanical damage to erythrocytes exposed to continuous high shear stress might have offset and overcome the favorable outcome of MCV and MCHC (**Figures 3B, C**) and markedly impaired erythrocyte filterability in the SHR.

Although controversy exists,²⁷ morphological vascular changes are reported in established hypertension of SHR;¹⁶ that is, persistent vasoconstriction induces vascular remodeling such as luminal narrowing and intimal thickening of terminal arterioles (inward remodeling). Contrarily, adaptation may occur to maintain normal luminal diameter and physiological shear rates in resistance vessels by means of shear-induced vascular dilatation (ie, outward remodeling). Reportedly, the shear rate of arterioles is elevated in young SHR, but reduced to a level lower than that of age-matched WKY in mature SHR.²⁵ These findings indicate that outward remodeling compensates for the augmented blood flow shear stress in established hypertension, which may explain the attenuated impairment of erythrocyte filterability in mature SHR (**Figure 3A**).

Recently, oxidative stress was known to play an etiological role in genetic hypertension. SHR show elevated vascular production of and sensitivity to the superoxide (O₂⁻) anion.^{28,29} Actually, NADH/NADPH oxidase plays a major role in O₂⁻ generation,^{30,31} and O₂⁻ dismutase mimetic compound is reported to normalize high BP in genetically hypertensive rats.^{32,33} SHR are reported to show augmented susceptibility of blood to oxidative stress,³⁴ which causes not only endothelial dysfunction but also impaired erythrocyte filterability. Our previous study using nickel mesh filtration demonstrated that oxidative stress impairs intact human erythrocyte filterability in vitro in a dose-dependent manner.^{35,36}

Oxidative stress induces progressive protein degradation and phospholipid peroxidation of the erythrocyte membrane, leading to impairment of membrane fluidity. Because the antioxidative capacity against O₂⁻ is diminished in aged genetically hypertensive rats,³⁷ sustained impairment of erythrocyte filterability (**Figure 3A**) may be explained in part by low-grade but persistent oxidative stress and reduced antioxidative capacity in mature SHR.

Prior Studies

Rheologic assessment of erythrocyte deformability uses 3 major methodologies: filtration experiments, micropipette techniques and ectacytometry. Previous reports regarding erythrocyte rheology in SHR are limited and the results are diverse.^{13,15} The erythrocyte has a lifespan of approximately 120 days and deformability depends on its age. Micropipette techniques deal with individual erythrocytes of unknown age, so can not obtain rheologic information with respect to a population of erythrocytes of different ages. This technique has clarified a significant increase in erythrocyte membrane elasticity at an early, but not a late, stage of hypertension in SHR,¹³ which may be related in part to the limited reproducibility. Ectacytometry has demonstrated that impaired erythrocyte deformability is based on elevated internal viscosity, not on increased membrane rigidity, in SHR.¹⁵ However, this method quantifies erythrocyte elongation, which is not relevant to physiological erythrocyte deformation within microvessels and is associated with limited sensitivity. Filtration experiments, on the other hand, are practical, the nickel mesh has ideal filter properties (**Figure 1B**), and data analysis is based on the P-Q curve (**Figure 2**), a fundamental relationship in circulatory physiology.^{2,3} In addition, the methodology provides highly sensitive, reproducible and quantitative data allowing analysis of signal transduction within erythrocytes,⁷ although further improvement is required to adjust the erythrocyte number instead of the hematocrit value in suspensions.

Clinical Implications

Hypertensive patients showing elevated inflammatory markers demonstrate a higher prevalence of target organ damage.³⁸ Moreover, absolute peripheral blood flow is reduced in human hypertension³⁹ because of high blood viscosity⁴⁰ and abnormal erythrocyte rheology, such as reduced membrane fluidity,⁴¹ and an elevated erythrocyte free Ca²⁺ concentration.⁴² This line of evidence implies that circulating erythrocytes of hypertensive patients experience persistent inflammatory damage and shear stress, which impairs erythrocyte filterability by signal transduction involving intracellular Ca²⁺. This can affect the blood's rheologic properties and the interaction of erythrocytes and resistance vessels, contributing to the elevation in flow resistance and BP. We found that prostaglandin E₁, an activator of adenylate cyclase, and xanthine derivatives, such as pentoxifylin, a potent inhibitor of phosphodiesterase, markedly improve mechanically impaired erythrocyte filterability.⁷ Thus, modulation of the intracellular Ca²⁺- and cAMP-mediated signaling pathways that regulate erythrocyte filterability may be a unique therapeutic strategy against clinical hypertension.

Study Limitations

In the present study, 2 determinants of BP, cardiac output and vascular resistance, were not evaluated and redox status was not estimated during the development of hypertension in the SHR. These limitations made the mechanisms of impaired

erythrocyte filterability obscure. However, developmental changes in the vascular tonus of SHR have been reported^{23–25} and the role of oxidative stress in genetic hypertension is evident in the literature.^{28–34} Accordingly, the interpretation of the present data is not contradictory to the outcome of those investigations. However, the present findings can not be extrapolated directly to clinical hypertension, despite SHR being an excellent model of human hypertension.^{9,10}

Conclusions

We demonstrated that SHR show a marked decrease in erythrocyte filterability when compared with age-matched WKY, using a highly sensitive and quantitative nickel mesh filtration technique (ie, it was greatest in young SHR and sustained in mature SHR). Although age-dependent vascular tonus and redox status were not explored, the marked and sustained decrease of erythrocyte filterability in the SHR could not be explained by MCV and MCHC and is considered to be caused by erythrocyte membrane abnormalities.^{11–13} Thus, markedly impaired erythrocyte filterability, in addition to polycythemia, contributes to the development and maintenance of hypertension in SHR.

Acknowledgments

We thank Tomomi Nakashima, Aya Satoh and Yukiko Uno, staff at the Institute of Rheological Function of Foods Co Ltd, for their excellent technical assistance. This study was supported by a Grant-In-Aid from the Japanese Ministry of Education, Culture, Sports, Science and Technology (18500328).

Disclosure

The authors report no conflicts of interest.

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